Shamanic Journey Weekend Retreat

2009 Website Program Description

This retreat is designed for both the beginner and more advanced explorers of consciousness. The Shamanic Journey Workshop creates a safe, step-by-step process of gathering personal power and exploring dreamtime. You can become a resource of experiential wisdom both for yourself and others.

- Register: Not yet scheduled for 2010.
- Very reasonably priced at: $495

(includes meals, lodging, seminar activities, and local transportation)

About Shamanic Journey

A Weekend Retreat to Explore Traditions in Expanded States of Consciousness

The word shaman means, to know. From ancient times most societies have had shaman and medicine women who functioned as messengers between the spirit world and the physical world. They traveled in the realms of consciousness that others only experienced through dreaming. With the assistance of animal or nature spirits, the shaman learned how to travel beyond time and space and directly experience expanded states of consciousness, gathering information to assist themselves and others in their daily lives.

Many people today feel a connection and the desire to explore other levels of reality through Shamanic processes, but are unable to find the tribal traditions and support that were once an integral part of earlier societies. This weekend retreat combines the cutting edge technology of Hemispheric-Synchronization (Hemi-Sync®) with multi-cultural Shamanic traditions to create a unique opportunity to learn new tools for accelerated personal growth.

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During this weekend retreat you will be guided to:

- Utilize sound for energizing mind and body
- Communicate with your power animal ally
- Use sage smudging for energy shielding
- Create your personal medicine bag with power objects
- Use quartz crystals for amplifying and directing energy
- Experience transcendent union with nature
- Design your personal medicine shield
- Use drumming as a vehicle for altered states of consciousness
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Master percussionist William Whitten will provide instruction in the traditions of trance drumming.